

Newspaper in Education Presents

inquiziKidz

BROUGHT TO YOU BY MANATEE COUNTY'S MAGNET SCHOOLS & ADULT CAREER & TECHNICAL EDUCATION

Are You
Afraid of the
Dentist?

Discover the Future

Does the dental field interest you?
Check out these career possibilities:

- Dentist
- Pediatric Dentist
- Dental Hygienist
- Dental Assistant
- Dental Lab Technician
- Dental Receptionist
- Orthodontist

For more career information see your school counselor and get information on-line at:
<http://jobstar.org/tools/career/spec-car.cfm>
OR
<http://www.acinet.org/acinet/default.asp>

Health Occupations Students of America (HOSA)

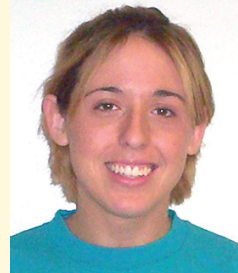


The mission of HOSA is to promote career opportunities in the health care industry and enhance the delivery of compassionate, quality health care by providing opportunities for knowledge, skills and leadership development of all health occupations students, therefore, helping the student meet the needs of the health care community. HOSA's mission is especially critical when considering the acute shortage of qualified workers in the health care industry.

Kidzbiz Future M.D.

by Leslie Rowe

Katrina Lawson decided to be a doctor when she was only seven years old. With her mind made up, attending the **MHS Medical Academy** was the perfect choice for this determined senior. So when the opportunity came to volunteer at the now-closed Blake Hospital maternity unit, Katrina was more than ready! Can you believe that she volunteered 1,532 hours at the hospital?? Do you think that she enjoyed it? "Those nurses were like my family!" she exclaimed. "They've adopted me! And now that many of them have moved to the Lakewood Ranch hospital, I go visit them there."



Katrina Lawson

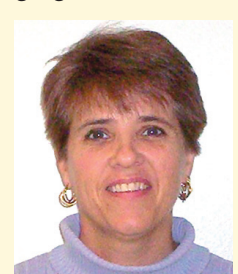
At the hospital, Katrina helped out wherever she could—from restocking operating rooms to working at the desk. She especially enjoyed watching the newborns. Her experience helped her decide to eventually become a doctor specializing in infertility. Meanwhile, she's been busy—Katrina has already completed the Certified Nursing Assistant (CNA) program at Manatee Technical Institute (MTI), by attending high school in the morning and MTI in the afternoons.

"Medicine comes super easy to me," she said. "But it sure helped having the medical background here (at the Medical Academy). In her spare time, Katrina works at a restaurant and also works out to keep fit. She really shows confidence, with a sparkle in her eyes and a bright smile on her face. Someday we'll introduce her as *Dr. Lawson!*"

School biz Meet Mr. Gross Mouth

by Leslie Rowe

Students in Laura Sollenberger's **Manatee High School** healthcare classes will soon visit fifth graders with a little help from a friend—Mr. Gross Mouth. He's a disgusting little friend, full of tobacco-stained teeth, oral carcinoma, and gingivitis, but he helps gets the message across: tobacco is bad.



Laura Sollenberger

Healthcare students prepare a one-hour presentation using this enlarged plastic model of a tobacco-ravaged mouth. They also use a set of real pig's lungs showing the damaging effects of smoking. The program teaches the dangers of tobacco while developing speaking and leadership skills in older students.

Sollenberger, a registered nurse and healthcare teacher at the MHS Medical Academy, enjoys preparing students for healthcare careers. Students discover many careers, including dental, veterinary, medical, athletic training, emergency services (EMS), physical or occupational therapy, vision care, and pharmaceutical. She teaches practical, hands-on skills like CPR and first aid, as well as terminology and the medical industry.

Laura Sollenberger has a special message for eighth grade Manatee County students: the MHS Medical Academy has room for you! If you are curious about a career in healthcare, you can use the school choice process and apply to attend the Medical Academy. Ask your guidance counselor, who will help you find out more.

Dentistry and The Manatee High School Medical Academy

Relax, this won't hurt a bit!

by Julie Gillies

If you're like most people, a trip to the dentist ranks right up there with walking home alone on a dark, rainy night. It's downright scary! And though we've never seen a root canal performed on Fear Factor, most of us rate a dentist appointment as one of our least favorite things to do.

Thankfully, dentistry has come a long way since the Early Middle Ages, when tooth extractions were carried out by the most educated citizens at the time: monks. By 1163, monks lost the legal right to perform these services, and the local barbers took over. You could get a haircut, a shave, and a tooth pulled all by the same guy!

Fast forward to the year 2005, where the trend is relaxation. Most dentists offer nitrous oxide, a mild sedative, for the squeamish. Many dental offices feature TV's in each exam room, where the patient is in charge of the remote. Some dentists have even gone as far as offering pedicures, facials, and other relaxing distractions during your cleaning. It's a trend many people welcome.

According to Dr. Tiffany Boyd, a dentist with seven years' experience and owner of Braden River Dental, the most important thing for good oral hygiene—and it's not likely to change—is still brushing and flossing! When asked about the latest advances in dentistry, Dr. Boyd is quick to point out the many cosmetic improvements that are available. She enjoys both the art and science of creating beautiful smiles, from porcelain veneers to a simple tooth whitening kit. "Pretty, white teeth are really in right now," she said. "Everyone wants a pretty smile." And it's her pleasure to make it happen.



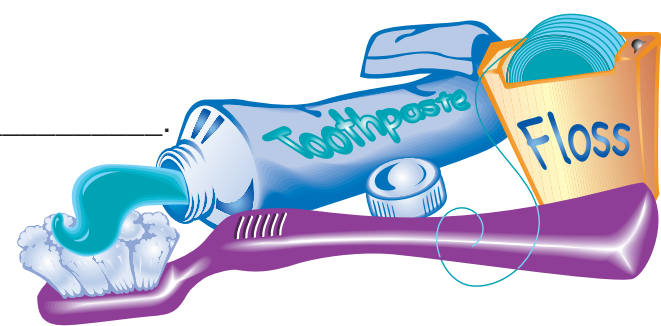
Dr. Boyd discussed a topic that every teen is interested in: good breath. "Flossing is important, but tongue scrapers can improve your breath by removing the bacteria that cause bad breath," she said. Tongue scrapers? She described a spoon-shaped device with the center cut out, and how to use it. "You gently pull it over your tongue. In three swipes you're done...and the bacteria are gone." Wow, no more bad breath! And that doesn't hurt a bit!

explore it

Test Your Teeth I.Q.

See how much you know about teeth and more by taking this quiz. Then check your answers below. An "A+" earns a pretty smile!

1. The front four top & bottom teeth in your mouth are called _____.
2. The pointed teeth next to your incisors are called _____.
3. Including wisdom teeth, adults have _____ permanent teeth.
4. _____ is the most common of all disorders, second only to the common cold.
5. You should replace your toothbrush every _____ to _____ months.
6. You should _____ your toothbrush after a cold or the flu.
7. Remember to _____ at least twice a day.
8. You should _____ at least once daily.
9. To keep breath sweet and fresh, use a _____.



ANSWERS: 1) Incisors 2) Cuspids 3) 32 4) Tooth decay 5) 3 to 4 6) Replace 7) Brush 8) Floss 9) Tongue scraper

InquiziKidz page is published every Wednesday in The Herald.

Provided by Newspaper in Education, Kristin Lamphron, Education Manager (941) 748-0411 ext. 5031
Darren Falterman, Digital Media Specialist © Knight-Ridder Productions, inc.

Manatee High School

- Ballard Elementary Magnet
- Daughtrey Preparatory Magnet
- Harllee Middle Magnet
- Johnson Middle Magnet
- Lee Middle Magnet



- Lincoln Middle Magnet
- Manatee Elementary Magnet
- Rowlett Elementary Magnet
- Tillman Elementary Magnet
- Wakeland Elementary Magnet

Schools listed in red offer instruction in the subject area featured in today's InquiziKIDz



- www.hosa.org
- www.fihosa.org
- www.adha.org
- www.adha.org/kidstuff
- www.ada.org/public/education/careers/mentoring.asp