

Newspaper in Education Presents

# inquizi

# kidz

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Do you need to think it over?

## Kidz Biz A Serving Leader

By Leslie Rowe

When Manatee High senior Katie Hoyle recently gave a speech in front of hundreds in Orlando, she wasn't even nervous! She was running for state office in FCCLA—Family, Career and Community Leaders of America. As the new State Secretary, she'll take minutes at council meetings, report back to the local chapter, and represent Florida at the National FCCLA convention in Chicago.



Katie Hoyle

Katie, a bright and outgoing student, is no stranger to service. Beyond FCCLA, she is active in several more organizations including Key Club, Z Club, National Honor Society, and Wyldlife, her church youth group. Her many service projects include collecting school supplies for children in

shelters; making Easter baskets for a senior center; collecting teddy bears for sick children; participating in fundraisers for a camp for terminally ill kids; building Habitat for Humanity homes; traveling on missions trips; and cleaning up the stadium every Saturday after football games. She also tutors and mentors middle school kids. And in her spare time?

"I like writing, reading, the beach, and shopping. And I love my friends! I have the best friends in the world!" She added with a not-so-shy smile, "Especially Alex! He's my favorite person in the world!"  
Lucky guy!

## school biz Delivering life learning

By Leslie Rowe

When Nancy Acton started teaching 33 years ago, she never imagined a recent scenario. Nancy teaches Family and Consumer Science (FACS) at **Manatee High School (MHS)** and co-sponsors FCCLA. This past month while participating in T.I.E.S.—Teachers in Industry for Educational Support—Nancy spent



Nancy Acton

80 hours in the Birthcare Center at Blake Hospital. Not only did she gain valuable information to share with students, she got to see two former students' brand new babies immediately

following delivery! Nancy plans to document the experience for next year's classes.

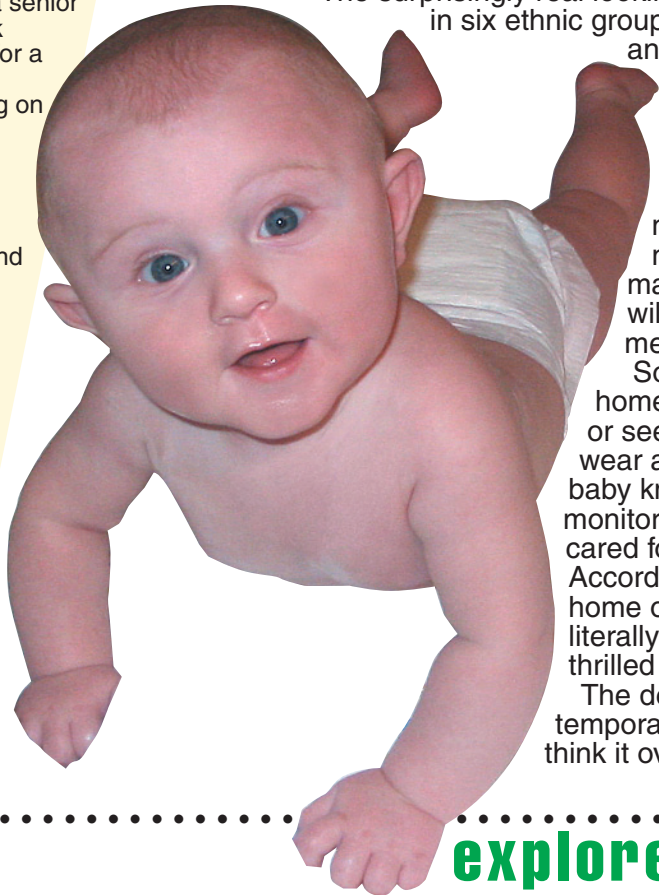
"I enjoyed it," Nancy shared. "I visited classes in Lamaze, breastfeeding, infant CPR, and Chiclets—the class for new moms and babies. I was pleased to see that what we teach at the high school level correlates with actual prepared childbirth programs." In the Early Childhood Education Program at Manatee, Nancy's students have many hands-on opportunities to learn about careers in education. At Kiddie Kollege, the onsite laboratory preschool at MHS, high school students often prepare curriculum and teach preschool students in a supervised setting. Nancy feels strongly that FACS prepares students for real life. They learn about child development, parenting, nutrition, budgeting, and other practical skills. She smiled as she shared about the "Baby Think It Over" unit, where students care for simulated infants—complete with sleepless nights and fussy babies! "After a weekend with their 'baby,' students return tired and frustrated," she said. "I tell them 'Welcome to parenting. Remember, you get to give this one back!'"

## Family and Consumer Science The Job That Never Ends!

By Julie Gillies

So, you've been admiring all those darling little babies in their adorable little Baby Gap outfits. You've noticed cute little headbands on the girls and tiny little Nikes on the boys. You've got visions of cuddling a baby of your own. But wait! Did you notice the dark circles under the eyes of that newborn's mother? Did you sense the weariness in that father bouncing a fretful baby? Parenthood is much more than parading a cutie through the mall for everyone to admire. It's about colic, feeding schedules and laundry—not to mention dirty diapers. It's saying no to friends going to the beach. It's about car seats and strollers and lots of money spent on formula and baby food; money you once spent on clothes and CDs. It means sleepless nights and exhausting days spent caring for someone who's entirely dependent on you. Someone who can't survive without you. Can you say, "Loss of freedom?"

At **Manatee High School**, students in the Early Childhood Education program have the opportunity to learn firsthand about the many demands of a newborn baby. Meet *Baby Think It Over*, an infant simulator invented in 1993 by Richard Jurmain. He had seen a TV special about students carrying around bags of flour to simulate babies. He told his wife that flour babies don't wake you up at night. "So make one that does," she answered. He did just that.



The surprisingly real looking doll is available from the manufacturer in six ethnic groups and seven skin tones, as an anatomically correct boy or girl. This tiny tot may be made of plastic, but it's actually programmed to require all the basic needs of a real baby. It must be fed, burped, have its diapers changed, and rocked. The baby's head falls back when not properly supported, just like a real newborn. It coos, burps, coughs, and makes breathing and eating sounds—and will cry and cry until its needs have been met—and only by its parent.

So if you're thinking you'll leave Baby home on Saturday night while you hit the mall or see a movie—forget about it. Students wear an electronic ID wristband that lets the baby know you're caring for it. Computerized monitoring reports to the teacher how well you cared for your baby during the simulation. According to students who eagerly took Baby home on Friday, it was a real wake-up call—literally! After sleepless nights, they were thrilled to give the baby back on Monday. The demands of parenthood are not temporary. It's a lifelong commitment. So Baby, think it over!

## explore it Help for Babysitters

During the summer, many high school students work at babysitting jobs, or watch younger siblings while parents work. It's a babysitter's dilemma: how to keep little ones entertained when it's raining or just too hot to play outside. One solution: play dough. And half the fun is making your own! Here are two different play dough recipes to entertain kids while you're babysitting. The first one is edible—kids enjoy playing and eating. Make sure to start with clean hands and parents' permission. Have fun!

### Edible Play Dough

- 8 ounces creamy peanut butter
- 3 tablespoons honey
- 1 cup powdered milk
- Cocoa (optional)

Mix ingredients in a large bowl until no longer sticky. Use a rolling pin, cookie cutters, or just your imagination to make your creations! This is completely safe to eat. But please remind your little friends that not all play dough is edible.

### Play Dough

- 2 cups flour
- 1/4 cup salt
- 1 tablespoon cooking oil
- Food coloring
- 1 to 2 cups water

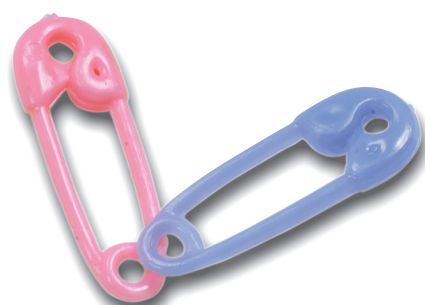
Mix ingredients in large bowl, slowly adding water until dough is smooth but not sticky. Just a few drops of food coloring go a long way. After playing, store this reusable dough in a zip-loc bag in the fridge.

## Discover the Future

The following careers involve working with children.

- Teacher
- Teacher's Aid
- Pediatrician
- Pediatric Nurse
- Child Care Worker
- Nanny
- Tutor
- Art Teacher
- Music Teacher
- Camp Counselor
- Bus Driver
- Babysitter
- Party Coordinator

For more career information see your school counselor and get information on-line at:  
<http://jobstar.org/tools/career/spec-car.cfm>  
OR  
<http://www.acinet.org/acinet/default.asp>



Family, Career and Community Leaders of America (FCCLA) is a National Career and Technical Student Organization for young men and women in family and consumer sciences education.

Everyone is part of a family, and FCCLA is the only national career and technical student organization with the family as its central focus. Since 1945, FCCLA members have been making a difference in their families, careers, and communities by addressing important personal, work, and societal issues through family and consumer sciences education. Today over 222,000 members in nearly 8,000 local chapters are active in a network of associations in 50 states as well as in the District of Columbia, the Virgin Islands and Puerto Rico. Chapter projects focus on a variety of youth concerns, including teen pregnancy, parenting, family relationships, substance abuse, peer pressure, environment, nutrition and fitness, teen violence, and career exploration.

Involvement in FCCLA offers members the opportunity to expand their leadership potential and develop skills for life—planning, goal setting, problem solving, decision making, and interpersonal communication—necessary in the home and workplace.

Source: <http://www.ffccla.org>

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### Manatee High School

- Ballard Elementary Magnet
- Daughtrey Preparatory Magnet
- Harlee Middle Magnet
- Johnson Middle Magnet
- Lee Middle Magnet



- Lincoln Middle Magnet
- Manatee Elementary Magnet
- Rowlett Elementary Magnet
- Tillman Elementary Magnet
- Wakeland Elementary Magnet

Schools listed in red offer instruction in the subject area featured in today's InquiziKIDz  
Next week's Inquizikidz: What is really behind the weather?

- <http://www.ffccla.org>
- <http://www.fcclainc.org>
- <http://babysitting.8m.com/Games/main.html>
- [http://www.solutions-site.org/artman/publish/article\\_47.shtml](http://www.solutions-site.org/artman/publish/article_47.shtml)
- <http://library.christchurch.org.nz/Childrens/Babysitting/Games.asp>
- [http://www.indianchild.com/Babysitting/babysitting\\_games\\_activities.htm](http://www.indianchild.com/Babysitting/babysitting_games_activities.htm)
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